



Australian Contaminated Land Consultants Association (Victoria) Inc.
First Aid

The following information is taken from the Victorian Workcover Association, Code of Practice No. 18 "First Aid in the Workplace."

First Aid Training is necessary to fulfil the requirements of OH&S Act Section 21 Where the employer must provide:

- (2)(d) Adequate facilities for the welfare of employees at any workplace under the management and control of the employer and
- (2)(e) Such information, instruction, training and supervision to employees as are necessary to enable the employees to perform their work in a manner that is safe and without risks to health.

Identification of First Aid Facilities and Training:

In determining what is appropriate for the contents of a first aid kit and training that would be necessary it is important use the following; a basic risk assessment:

- Identify causes of work injury and work related illness that may occur
- Assess the risk of work injuries and work related illness that may occur

Based on the outcome choose a First Aid Course suitable and Stock your First Aid Kit accordingly.



Only then, did all the king's horses and all the king's men regret not taking a first aid course of some kind.

First Aid Kits; working in an office environment has different hazards to working in the field, hence different risks, therefore controls. For example a snake bite kit, which would make up the contents of a first aid kit that would be taken out in field, may be necessary working out on a site but not generally for an office. The amount of kits and the quantity in relation to the contents would be based on the number of staff the hazards likely to be present in/at the workplace. First Aid Kits should be located where they are visible and easy to access e.g. on site on the tray of the ute rather than wedged under the back seat.

Training; ACLCA recommends that all field staff are trained, at least in level 2 First Aid, further training will need to be determined on an as needs basis depending on the amount of staff working on site where works are situated (ie. remote) or whether you are working alone.

Level 2 training covers CPR and also the management of a broad range of injuries or illnesses that workplace whether in the office or out in the field. **Advanced training** For more comprehensive training may be encountered at the you can add to this course by enrolling in a first aid training course for remote locations which deals more in transportation, longer term management etc. and may be deemed necessary depending on the outcome of risk assessment.

Training in Level 2 is generally a 2 day course which is valid for 3 years; **it is recommended that a CPR refresher is updated annually.**

Click on this link below to locate the **Code of Practice No.18 First Aid in the Workplace**
[First Aid Code of Practice](#)

Links to Training Providers

- [Premium Health](#)
- [St Johns](#)
- [Parasol](#)

Disclaimer – *This alert is provided to raise awareness of an important safety issue. It does not replace the need for member companies to review and manage their specific risks.*